# 4-H Family & Consumer Sciences

# Guidelines 2023

Project Requirements for 4-H Family & Consumer Sciences

**OSUE Butler County** 

Table of Contents	
Family & Consumer Science (FCS) Department Information	1
Jr. Fair FCS Department Schedule	1
Jr. Fair FCS Dress Code	2
FCS Clothing Project Information	2
FCS Clothing Important Dates	2
Clothing Project: FCS General Guidelines	3,4
Clothing Project: Judging Guidelines	4,5
Clothing Project: Style Review Guidelines	5
Clothing Project: County Award & State Fair Guidelines	6
Clothing Project List with Butler County Requirements	7, 8
FCS Clothing Judging Score Sheet	9
FCS Clothing Project Style Review Narration Sheet	10
4-H Nutrition Project Information	11
FCS Nutrition Project Important Dates	11
Nutrition Project: FCS General Guidelines	11,12
Nutrition Project: Judging Guidelines	12,13
Nutrition Project: Portfolio Guidelines	13
Nutrition Project: County Award & State Fair Guidelines	13,14
Nutrition Project List (see guidelines for section for requirements)	14
Nutrition Project Judging Score Sheet	15
Bake-In Contest Entry Deadline: July 1st of current year	16
Bake-In Contest Date: : Thursday, July 28, 2022 in the Multipurpose Building	16
Bake-In Contest Awards: Thursday, July 28, 2022 following contest	16
Bake-In Contest Guidelines	16,17
Bake-In Contest Registration Form	18
Bake-in Contest Score Sheet	19
Bake-In Contest Recipe – Beginner – Chocolate Chip Cookies	20
Bake-In Contest Recipe – Intermediate – Appledoodle Cookies	21
Bake-In Contest Recipe – Senior – Lemon Crumb Muffins	22
FCS Related Project Information	23
FCS Related Project Important Dates	23
FCS Related Project Guidelines: FCS General Guidelines	23,24
FCS Related Project Judging Guidelines	24
FCS Related Project County Awards and State Fair Guidelines	25
FCS Related Project List with Butler County Project Requirements	25
FCS Related Project Judging Score Sheet	26
Shopping Bag Contest Information	27
Shopping Bag Contest Important Dates	27
Shopping Bag Contest Guidelines	27
Shopping Bag Contest Registration Form	28
Demonstration or Illustrated Talks Contest	29
Demonstration or Illustrated Talks Contest Important Dates	29
Demonstration or Illustrated Talks Contest General Guidelines	30

## **Family & Consumer Science Guidelines**

#### **FCS Department Information**

Junior Fair Board Members: Morgan Sloan, Jennifer Specht, Emma Puckett, Jordan Peck, Tifani

Smallwood. Superintendents: Addison Sloan, Colbie Burwick, Ann Marie Davis.

Adult Advisors: Sandy Simpson & Mary Alice Shupp

#### RULES GOVERNING THE FCS DEPARTMENT; PLEASE READ ALL RULES CAREFULLY

The FCS Department and all participants will be required to follow all guidelines advised by the CDC regarding COVID-19, at the time of the fair and judging.

Family and Consumer Science Projects (FCS) are categorized as either:

- Clothing Project
- Nutrition Project
- FCS Related Project

#### 2022 FCS Department Schedule:

#### Monday, July 17, 2023

Clothing Project Judging, Clothing Skillathon Contest, FCS Related Project Judging - Multipurpose Building; Beginning at 9am

#### Friday, July 21 and Saturday, July 22, 2023

Nutrition Project Portfolio Due at Youth Exhibit Building by 4:00 p.m.

#### Sunday, July 23, 2023

FCS Related Project Award presentation, Multipurpose Building starting at 1:30pm followed by Style Review.

#### Monday, July 24, 2023

Shopping Bag Contest, Multipurpose Building, beginning at 9am; Awards following contest

#### Tuesday, July 25, 2023

Nutrition Project Judging, Multipurpose Building, 9:00 a.m.; specific times assigned per project title; Nutrition Project Awards presented at the end of judging per project title; Nutrition Skillathon Contest, Multipurpose Building, 9am.

#### Wednesday, July 26, 2023

Demonstrations or Illustrated Talks - 9 am until finish - Multi-purpose Building

#### Thursday, July 27, 2023

Bake-In Contest, 9:00 a.m. with specific time slots for the divisions to be announced to registered contestants by email

#### Friday, July 28, 2023

6pm to finish - Skillathon Contest Awards Presentation in Show Arena

Saturday, July 29, 2023 from 4:30 p.m. to 7:00 p.m. and Sunday, July 30, 2023 from 12:00pm to 1:00pm Display items may be removed from the Youth Exhibit Building. Exceptions will be made only for items needed for State Fair competitions. Any items left in the Youth Exhibit Building after 1pm on Sunday, July 30, 2023 will be DISCARDED.

#### **FCS Clothing Project Information**

#### **FCS Dress Code**

A. Participants must follow the following dress code for judging:

**SHOES:** Dress Shoes, sandals, or boots

**BOTTOMS**: Dress pants, capris, knee length skirt (to fingertips or longer) or shorts (ex: golf shorts fingertip length), dressy jeans with **NO** holes

<u>DRESS</u>: Knee length or longer dress. Cleavage, back and shoulders must be covered. Spaghetti strap dresses must have something to cover the shoulders (sweater, jacket, etc)

<u>TOPS</u>: Blouse or Shirt with or without collar; no cleavage, no bare back, or midriff should be showing. <u>NO</u> 4-H t-Shirts or club 4-H T-shirts should be worn to judging

Remember when you are getting ready for judging be thinking about your total look. Remember to dress to impress.

#### **FCS Clothing Important Dates**

Clothing Project Judging Date: Monday, July 17, 2023; Multipurpose Building; Beginning at 9am

Clothing Skillathon Contest: Monday, July 17, 2023; Multipurpose Building; 9am to 12 pm

Clothing Project Style Review: Sunday, July 23, 2023; Multipurpose Building; beginning at 1:30 pm

<u>Clothing Project Award Date</u>: Sunday, July 23, 2023; Multipurpose Building; during the Style Review.

<u>Fashion Show Clothing Project Removal</u>: Saturday, July 29, 2023, 4:30-7pm & Sunday, July 30, 2023; 12:00-1:00pm; Youth Exhibit Building

#### **Clothing Project: FCS Guidelines:**

- A. FCS Projects are categorized as either -
  - Clothing Project
  - Nutrition Project
  - > FCS Related Project
- B FCS age breakdown for the county Junior Fair project competition is as follows:
  - ⇒ As of January 1 of the current year
  - ⇒ Seniors 14 years and up
  - ⇒ Juniors 13 years and under
- C. To become eligible to participate in the County Fair, members must follow these guidelines and complete the requirements in the project book.
- D. All projects have judging and display requirements. Items to be displayed are based on the project book and these guidelines.
- E. Members do not automatically receive a copy of these requirements. County guidelines for judging and judging schedule can be found at <a href="https://butler.osu.edu/program-areas/4-h-youth-development">https://butler.osu.edu/program-areas/4-h-youth-development</a>
- F. All 4-H FCS competitors must be present during their judging to be eligible to win awards. Clothing project competitors must also participate in the Style Review to be eligible to win awards. Exceptions will be made only if the competitor is absent due to a 4-H related event such as County Fair judging, 4-H camps, State Fair judging, etc.
- G. All display items are to be identified with a tag provided by the FCS department.
- H. Posters are not required for clothing projects.
- I. Members may take more than one project per area.
- J. If not noted otherwise in the Family Guide to 4-H, members may repeat a project as often as desired provided that new skills are learned each time.
- K. Project skill levels are listed in the Family Guide to 4-H.
- L. All projects must be made as a 4-H project only.
- M. No food or drink is allowed in the judging, dressing, or preparation areas.
- N. During all events, only participants and program volunteers are allowed in the judging, dressing, and preparation areas.
- O. Awards will be provided for all projects where members meet project requirements and judge's standards.
- P. A schedule of specific project titles and judging times will be provided.

- Q. Display items may be removed from the Youth Exhibit Building on Saturday, July 29, 2023 from 4:30 p.m. to 7:00 p.m. and Sunday, July 30, 2023 from 12:00pm to 1:00pm. Exceptions will be made only for items needed for State Fair competitions.
- R. Booths may be disassembled on Saturday, July 29, 2023 from 4:30pm to 7:00pm. Guidelines for Club Booth Contest are in the Special Interest Department Guidelines.
- S. Any items left in the Youth Exhibit Building after 1pm on Sunday, July 30, 2023 will be DISCARDED.

#### **Clothing Project: Judging Guidelines:**

- A. Members must adhere to all FCS clothing project general, judging, style review, and award guidelines as listed in this document.
- B. Clothing projects will be judged prior to the fair on Monday, July 17, 2023.
- C. Judging will be in the Multipurpose Building at the County Fairgrounds.
- D. A Clothing Skillathon Contest will be held during the Clothing Project judging on Monday, July 17, 2023. The Skillathon Contest will be held 9 am to 12 pm.
- E. Members who take more than one clothing project must complete separate learning experiences related to each.
- F. Members can knit or crochet any clothing project.
- G. Bring pattern used, if applicable, to the judging.
- H. Bring completed project book to the judging.
- I. Garment/item to be judged must be appropriate for the project as determined by the project book.'
- J. Garment/item to be judged must be brought to the judging on a hanger that is provided by the member.
- K. Upon arrival, garment/item to be judged must be tagged for identification. Tags are provided by FCS department. Once tagged, member should change into the garment/accessories before joining their judging circle.
- L. Accessories and non-project clothing needed to complete the "total look" of the outfit are required for judging and modeling.
- M. Only garments/items required in the project book will be judged and displayed. Extra garments/items may be used for modeling but cannot be judged or displayed.
- N. The project judging will include construction judging and an individual style review where the garment/item being judged is modeled.

- O. The garment/item will be judged both on and off the person.
- P. Only participants will be allowed in the dressing rooms.
- Q. As part of the judging, 4-H members will be interviewed on project knowledge and the "total look" of the outfit.
- R. Style Review Narration Sheets will be written by 4- H competitors at project judging and must be turned in to the FCS Junior Fair Board members on judging day.
- S. The judge will complete the entire judging sheet and add the score. Supervisors will double-check the score. Total scores will determine class winners.
- T. Following clothing judging, all clothing projects are to be placed on a member-provided hanger and left on the clothing rack in the Multipurpose Building. Garments/items will be held for competitors to model during the Style Review.
- U. To be eligible for awards, all clothing project participants must be in the Style Review. The only exceptions are for 4-H sponsored award trips, award camps, or conflicts with judging in other departments in which case another 4-H member may model the garment.

#### **Clothing Project: Style Review Guidelines:**

- A. A Style Review (Fashion Show) of all clothing projects will be held Sunday, July 23, 2023 in the Multipurpose Building.
- B. Style Review begins immediately after the FCS Related Award presentation that begins at 1:30 pm in the Multipurpose Building.
- C. Participants must arrive for the Style Review with time to change in to their project outfit and find their assigned seat.
- D. Following the Style Review, garments/items to be displayed must be placed on a hanger and left on the clothing rack in the Multipurpose Building. Items must be identified with an FCS tag. Only garments/items required in the project book will be displayed. Extra garments/items may be constructed for modeling but cannot be judged or displayed.
- E. Items for display will be transported to the Youth Exhibit Building by the Jr. Fair Board members and displayed for the duration of the County Fair.
- F. In order to place and go to State Fair, members must participate in the Style Review. The only exceptions are for 4-H sponsored award trips, award camps, or conflicts with judging in other departments in which case another 4-H member may model the garment.

#### **Clothing Project: County Award & State Fair Guidelines:**

- A. Member must display project garments/items for the entire duration of the Butler County Junior Fair.
- B. Removal of garments/items prior to the conclusion of the County Fair can only be done with permission of FCS Department personnel. Permission for garment/ items removal will be granted only in cases where the garment/item is needed for a State Fair judging.
- C. Premier Exhibitor Award One member from the senior age division will be selected based on the highest scores received from Project Judging and project area Skillathon score. A Nutrition Premier Exhibitor Award and a Clothing Premier Exhibitor Award will be presented. Participants may win each award one time only.
- D. Advanced Construction Award Judges will select one Junior and one Senior Advanced Construction Award winner that will be announced during the Style Review. Winners of this award are not eligible to win the Rookie Clover Construction Award.
- E. Rookie Clover Construction Award Judges will select one Junior Rookie Clover Construction Award winner from participants taking a 1st year clothing project. Award based on knowledge of project, use of proper construction techniques, and appropriate fit. Winners will be announced during the Style Review.
- F. Participant projects are chosen to go to the State Fair if:
- ⇒ Project is eligible for State Fair competition as listed in the Family Guide to 4-H
- ⇒ Participant receives highest score at County Fair of eligible participants
- ⇒ Participant is eligible to compete at the State Fair as defined by the State Fair 4-H Non-Livestock Guidebook. Information found here: By Clicking Here
- ⇒ Please review State Fair Packet and Non-Livestock Guidebook before attending the State Fair to be sure participant is eligible for judging at the state level. State Fair packets are available after awards are issued.
- G. In case of a tie, selection for State Fair is determined by the Judge.
- H. If one participant wins more than one State Fair eligible first place award, scheduling conflicts can occur which requires the member to choose which project to take to State Fair.

#### **Clothing Project List with Butler Co. Requirements:**

- A. Members must adhere to all FCS Clothing project, general, judging, style review, and award guidelines as listed in this document.
- B. All clothing projects can be taken by all members at the county level. Participants should select projects based on their current skill level. State requirements must be met in order to be eligible for State Fair competition.
- C. See the current Family Guide to 4-H for information regarding assigned skill levels. At the end of each project description below is the skill level as assigned by the state.
- **#406 Clothes for High School and College** Complete the project book and construct an outfit with a minimum of 2 pieces or construct a one-piece outfit with sleeves that also has another style detail not tried before. (Advanced)
- **#407 Accessories for Teens** Complete the project book and make at least one accessory from the project book. Choose one item which has been made to be judged and displayed. (Beginning)
- **#408 Creative Costumes** Complete the project book and make a costume in one of four categories; historical, ethnic/ cultural, theatrical, or special interest. Authenticity and knowledge of costume history will be judged. (Advanced)
- **#409 Sew Fun** Complete project book and construct one elastic waistline shorts, skirt or pants. Member must bring a 6" X 12" sample of material with one 12" side hand hemmed. Select an easy or beginner pattern. (Beginning)
- **#410 Designed by Me** Complete project book and create a top using at least two embellish techniques. (Beginning)
- **#411 em-bel-lish A 4-H Guide to Wearable Art** Complete project book and embellish at least one garment for an outfit. One item will be judged and displayed. Bring three samples of embellishment techniques you tried including the technique used for the garment being judged. (Intermediate)
- **#412 Sew for Others** Complete project book and construct one complete outfit for the person of your choice or adapt three different garments for a disabled or handicapped person. (Intermediate)
- **#413 Sundresses and Jumpers** Complete project book and construct a sleeveless, collarless one piece dress. Jumpers may include a top worn under the jumper. Choose another project if you want to make a split-skirt jumper, "skort", jumpsuit or pantsuit. (Beginning)
- **#415 Ready, Set, Sew Active!** Complete project book and construct at least one garment for an active sportswear outfit. (Intermediate)
- **#417 Dress Up Outfit** Complete project book and construct a complete outfit in one category: Category 1 Day Wear; Category 2 Formal Wear. (Advanced)

#418 Loungewear – Complete project book and construct an outer layer of an outfit for lounging such as a cotton robe, a fleece shawl, or a terry cloth cover-up. Other garments and accessories, such as sleepwear, undergarments, slippers, or shoes may be purchased or made to complete your lounging outfit. Outer layer only will be judged and may not be removed during style review. (All skill levels)

**#419 Terrific Tops** – Complete project book and construct a shirt, blouse, vest, tank top, poncho, T-shirt, or sweater. (Beginning)

**#420 Outer Wear for Anywhere** – Complete project book and construct a coat, jacket, cape or other outer garment. (Advanced)

**#424 Clothing for Middle School** – Complete project book and construct a maximum of two pieces. If you only make one garment it must have sleeves. If you choose to make two garments it must be a top and bottom. Top can be with or without sleeves. Bottom can be skirt or pants. (Intermediate)

**#425 Look Great for Less** assemble an inexpensive outfit. This is a consumer project. Sewing skills are not involved. (Advanced)

**#426 Clothing for Your Career** and construct and evaluate an outfit with a minimum of two pieces. (Advanced)

**#430 Shopping Savvy** – Complete project book and assemble an outfit. It may be made, purchased, or put together from your current wardrobe. (Intermediate)

# FCS Clothing Judging Score Sheet



	<b>8</b> Butler C	ounty 4-H FC	S Clothing Pro	ject Judging	g Score SI	neet 🍀	20	
Member Name:				4-H Age:			_	
Project Name:		Club Name:						
ls this a multi-ye	ear project: YesN	No (for Jud	dges: if yes, youth r	nay not be require	ed to complete	all portions of bo	ok)	
Have you taken	this project more than	once? Yes	No	If yes, how many	y times have	you repeated it	?	
How many years	s of 4-H sewing experience	e?		Judge:		Total		100
Project Category	5 points	4 points	3 points	2 points	1 points	0 points	Multiplier	Total
Book Completion	Book is fully completed; all sections show clear effort. Project follows ALL County and Project Book Guidelines	Book is complete but should show more effort OR project follows most but not all book guidelines	Book is NOT fully completed but is mostly complete; parts completed show time and effort	Book is up to half complete and shows effort OR Book is nearly complete but shows a lack of effort	Book is only partially complete AND shows lack of effort	Book is not attempted OR clearly done by someone other than the member	x 3	/1
Project Construction (used for all sewing projects)	Excellent in 5 characteristics:  1. Well fitted; smooth outside appearance  2. Accurately place d/stitched seams, darts, gathers, etc.  3. Even stitches  4. Hems; parallel to floor, straight, event  5. Crosswise grain; parallel to floor, piece cut properly	4 characteristics strong; one area needing improvement	3 characteristics strong; two areas needing improvement	2 characteristics strong; three areas needing improvement	1 characteristic strong; four areas needing improvement	All characteristics need improvement	x 6	/3
or	or	or	or	or	or	or		
Outfit Selection (used for shopping projects; Shopping Savvy & Look Great For Less)	Excellent in these 5 areas:  1. Quality construction  2. Well-fitting; no fold/w rinkles  3. Practicle for intended use  4. Cost Effective  5. Well selected; reasons for item selection provided	4 areas strong; one area needing improvement	3 areas strong; two areas needing improvement	2 areas strong; three areas needing improvement	1 area strong; four areas needing improvement	All areas need improvement		
Total Look	Excellent in 5 areas:  1. Follows all book guidelines  2. Displays appropriate fashion  3. Coordinated image  4. Becoming in color, line, & scale  5. Properly accessorized	4 areas strong; one area needing improvement	3 areas strong; two areas needing improvement	2 areas strong; three areas needing improvement	1 area strong; four areas needing improvement	All areas need improvement	x 3	/1
Personal Presentation	Excellent in 5 Characteristics:  1. Attitude; positive, respectful 2. Confidence; conveys satisfaction in appearance 3. Appearance; clean & well groomed 4. Communication; speaks clearly 5. Meets dress code requirements (see below)	characteristics strong; one area needing improvement	3 characteristics strong; two areas needing improvement	2 characteristics strong; three areas needing improvement	1 characteristic strong; four areas needing improvement	All characteristics need improvement	x 2	/1
Interview Questions	Answers all questions correctly; shows through knowledge of book material & can apply knowledge	All questions answered correctly; minor trouble applying info	Most but not all questions answered correctly and/or trouble applying info	Correctly answers questions and applies info half of the time	Answers questions/applies info correctly less than half the time	No questions are answered correctly; no ability to apply info	x 3	/1
Growth of Knowledge & Skills	Exceptional Growth	Significant Growth	Average Growth	Some Growth	Minimal Growth	No Growth	x 1	/
						Subtotal	X 11	100
Things you did	d well:					Judges Overall Impression		/90
						Total Score		/100
Things you co	uld improve upon:				A dress-up shirt of back and midriff, cleavage, back an *Bake-In participan	ess pants, capris, or kr or blouse with covered A knee-length or longer of shoulders. Dress sh nts must wear closed-to articipants involved in li S judging.	shoulders, cle dress with cooes or dress oed shoes. **	avage, overed sandals. Exceptions

revised 3/8/2015

#### 2021 FCS Clothing Project Style Review Narration Sheet

First Name

# **Fashion Narration Sheet**

Complete the form below with information for the announcer to read during your turn in the Style Review Fashion Show on Sunday.

		is	vea	ars old a	nd a member of the	
First and Last Name		Age				
				4-H CI	ub.	
4-H Club Name						
As part of the		proje		/ she	made / purchased	а
	for				that is made of	
Name of item (pair of shorts, skirt, shirt, e		"self" or sister, bro				
	and fea	atures				
Describe fabric			Describe spe			
		. 1	This outf	it is acce	essorized with	
Desc	ribe/list accessories					
Complete one more stater	nent:					
-This outfit has a total cost of			but wou	ild cost \$		if
purchased new at a store.	List cost to buy or ma	ke your item			List cost to buy this item new	
-During this project he/she	learned					
Circle One	List so	mething you learn	ed			
-He / she plans to wear this	s outfit to					
Circle One	List whe	ere/when you plan	to wear this	outfit		
Thank you						
mann you		_				

#### **4-H Nutrition Project Information**

FCS Nutrition Project Important Dates:

<u>Nutrition Project Judging Date</u>: Tuesday, July 25, 2023; Multipurpose Building beginning at 9:00 a.m.; specific times assigned per project title

<u>Nutrition Project Portfolio Due Date</u>: Saturday, July 22, 2023; Youth Exhibit Building. Portfolios due by 4:00 p.m.

<u>Nutrition Project Award Date</u>: Tuesday, July 25, 2023; Multipurpose Building. Awards presented at the end of judging per project title.

Nutrition Skillathon Contest: Tuesday, July 25, 2023; Multipurpose Building beginning at 9am.

#### **Nutrition Project: FCS Guidelines:**

A. Participants must follow the following dress code for judging:

**SHOES**: Dress Shoes, sandals, or boots

**BOTTOMS**: Dress pants, capris, knee length skirt (to fingertips or longer) or shorts (ex: golf shorts fingertip length), dressy jeans with **NO** holes

<u>DRESS</u>: Knee length or longer dress. Cleavage, back and shoulders must be covered. Spaghetti strap dresses must have something to cover the shoulders (sweater, jacket, etc)

**TOPS:** Blouse or Shirt with or without collar; no cleavage, no bare back, or midriff should be showing.

**NO** 4-H t-Shirts or club 4-H T-shirts should be worn to judging

Remember when you are getting ready for judging be thinking about your total look. Remember to dress to impress.

B. The Family and Consumer Sciences breakdown for the county Junior Fair competition is as follows:

As of January 1 of the current year:

- ⇒ Seniors 14 years and up
- ⇒ Juniors 13 years and under
- C. Members do not automatically receive a copy of these requirements. It is the responsibility of the club advisor to inform members of the State and County project requirements.
- D. All 4-H FCS competitors must be present during their judging to be eligible to win awards. Exceptions will be made only if the competitor is absent due to a 4-H related event such as County Fair judging, 4-H camps, State Fair judging, etc.
- E. All display items are to be identified with a tag provided by the FCS department.
- F. Members may take more than one project per area.
- G. If not noted otherwise in the Family Guide to 4-H, members may repeat a project as often as desired provided that new skills are learned each time.
- H. Project skill levels are listed in the Family Guide to 4-H.
- I. All projects must be made as a 4-H project only.

- J. During all events, only participants and program volunteers are allowed in the judging or preparation areas.
- K. Awards will be provided for all projects where members meet project requirements and judge's standards.
- L. A schedule of specific project titles and judging times will be provided in county newsletter and on county website at <a href="https://butler.osu.edu/program-areas/4-h-youth-development">https://butler.osu.edu/program-areas/4-h-youth-development</a>
- M. Display items may be removed from the Youth Exhibit Building on Saturday, July 29, 2023 from 4:30 p.m. to 7:00 p.m. and Sunday, July 30, 2023 from 12:00pm to 1:00pm. Exceptions will be made only for items needed for State Fair competitions.
- N. Booths may be disassembled on Saturday, July 29, 2023 from 4:30pm to 7:00pm. Guidelines for Club Booth Contest are in the Special Interest Department Guidelines.
- O. Any items left in the Youth Exhibit Building after 1pm on Sunday, July 30, 2022 will be DISCARDED.

#### **Nutrition Project - Judging Guidelines:**

- A. Members must adhere to all FCS Nutritional Project General, Judging, Portfolio and Award Guidelines as listed in this document.
- B. Project judging requirements for all Nutrition Projects are:
- ⇒ Completed project book.
- ⇒ One food suitable for project.
- ⇒ All food prepared for judging should be suitable for serving a family of four.
- ⇒ Recipe of food item must be typed on 8 ½" x 11" sheet of paper with name, age, club name and project name included.
- $\Rightarrow$  A menu for a complete meal must be typed on 8 ½" x 11" sheet of paper. Menu must include the dish prepared for judging. Menu is to be balanced and nutritious.
- ⇒ A place setting for the meal planned on your menu that would include the food item you made for judging.
- ⇒ A project portfolio that is in a 3-pronged folder. Portfolio to be on display in the Youth Exhibit building during the entire week of the County Fair. Completed portfolios must be in Youth Exhibit building by Saturday, July 22, 2023, by 4:00 p.m.
- ◆ Portfolios will be brought to the Multipurpose Building for project judging by the FCS department.
- ◆ Portfolios must be returned to registration table immediately following project judging. FCS department will return the portfolios to the Youth Exhibit Building for display.
  - ♦ Portfolio guidelines are included in a later section.
- C. For all nutrition projects, the member may use a recipe other than the ones in their project book. The food prepared for judging should be one that is similar in skill level and food category as those in the project book.

- D. Centerpieces are optional in all food displays.
- E. A nutrition Skillathon Contest will be held during nutrition judging. The Skillathon Contest may end before the end of the judging times.

#### **Nutrition Project: Portfolio Guidelines:**

- A. Portfolios must be delivered to the Youth Exhibit Building on Friday, July 21, 2023, 9:00 a.m. to 2:00 p.m. or Saturday, July 22, 2023, 9:00 a.m. to 4:00 p.m.
- B. The deadline to deliver portfolios to the Youth Exhibit Building is 4pm on Saturday, July 22, 2023. **NO portfolios will be accepted after 4pm on Saturday, July 22, 2023.**
- C. The participant will be responsible for bringing a portfolio that is comprised of a 3-pronged folder that includes 8 ½" x 11" pages.
- D. The participants will create a maximum of one page (one-sided only) per "activity area" or "interest area" as designated in the front of their project books.
- E. These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate the work and knowledge of the participant.
- F. Each page could be different or could be a combination of styles providing the 4-H'er to reflect on their learning experience.
- G. There will be no points for scrapbooking style.
- H. Five points will be deducted if portfolios are not turned in or turned in incomplete.

## **Nutrition Project: County Award & State Fair Guidelines:**

- A. Member must display project items (portfolio) for the entire duration of the Butler County Junior Fair in order to compete in that project's competition for Junior Fair Awards.
- B. Removal of project display items prior to the conclusion of the County Fair can only be done with permission of FCS Department personnel. Permission for project removal will be granted only in cases where the item is needed for a State Fair judging.
- C. Premier Exhibitor Award One member from the Nutrition senior age division will be selected based on the highest scores received from Project Judging and project area Skillathon score. Awards will be presented on Friday, July 28, 2023 at 6:00 pm in the Morris VanGorden show arena. Participants may win the award one time only.

- D. Participant projects are chosen to go to the State Fair if:
  - ⇒ Project is eligible for State Fair competition as listed in the Family Guide to 4-H
  - ⇒ Participant receives highest score at County Fair of eligible participants
  - ⇒ Participants are eligible to compete at the State Fair as defined by the State Fair 4-H Non-Livestock Guidebook. Information found here: By Clicking Here
  - ⇒ Please review State Fair Packet and Non-Livestock Guidebook before attending the State Fair to be sure participant is eligible for judging at the state level. State Fair packets are available after awards are issued.
- E. In case of a tie, selection for State Fair is determined by the Judge.
- F. If participant wins more than one State Fair eligible first place award, scheduling conflicts can occur which requires the member to choose which project to take to State Fair.

#### **Nutrition Project List (See Guideline Section for Requirements)**

#459 Let's Start Cooking (Beginning)

**#461 Let's Bake Quick Breads** (Intermediate)

**#462 Yeast Breads on the Rise** (Advanced)

**#463 Sports Nutrition: Ready, Set, Go** (Intermediate)

**#467 Cooking On My Own** (Advanced)

**#469 Global Gourmet** (Advanced)

**#472 Grill Master** (Intermediate)

**#474 Beyond the Grill** (Advanced)

**#475 Star Spangled Foods** (Intermediate)

**#476 Kitchen Boss** (Advanced)

**#477 Party Planner: A 4-H Guide to Quantity Cooking** (Intermediate)

**#481 Everyday Food and Fitness** (Beginning)

#484 Snack Attack! (Beginning)

**#485 Racing the Clock to Awesome Meals** (Intermediate)

#486 Dashboard Dining: A 4-H Guide to Healthful Fast Food Choices (Intermediate)

#487 Take a Break for Breakfast (Beginning)

# Food & Nutrition Project Judging Score Sheet



#### Butler County 4-H Food & Nutrition Project Judging Sheet



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Member Name	:			4-H Age				
Project Name:		Club Name:						
Is this a multi-	year project: Yes	No (fo	r Judges: if yes, yo	uth may not be re	quired to comp	lete all portions o	f book)	
Have you take	n this project more th	nan once? Yes	No	If yes, how man	y times have y	you repeated it?		
Judge:						Total		100
Judging Category	5 points	4 points	3 points	2 points	1 points	0 points	Multiplier	Total
Book Completion	Book is fully completed; all sections show clear effort. Project follows ALL County and Project Book Guidelines	Book is complete but should show more effort OR project follows most but not all book guidelines	Book is NOT fully completed but is mostly complete; parts completed show time and effort	Book is up to half complete and show s effort OR Book is nearly complete but shows a lack of effort	Book is only partially complete AND shows lack of effort	Book is not attempted OR clearly done by someone other than the member	x 3	/15
Recipe	Meets 5 requirements: 1. Complete ingredient list 2. Thorough directions 3. Proper abreviations used 4. Neat presentation 5. Typed 8 1/2" X 11" paper	4 requirements met; one area needing improvement	3 requirements met; two areas needing improvement	2 requirements met; three areas needing improvement	1 requirement met; four areas needing improvement	No recipe presented		
	Has 5 characteristics:						x 1	/5
Menu	Nutritionally balanced complete meal     Appropriate for project; includes the food being judged     Variety of flavors, colors, & textures     Neat presentation	characteristics strong; one area needing improvement	3 characteristics strong; two areas needing improvement	2 characteristics strong; three areas needing improvement	1 characteristic strong; four areas needing improvement	All characteristics need improvement		
	5. Typed 8 1/2" X 11" paper Excellent in 5 qualities:						x 2	/10
Food	Outstanding flavor     Quality appearance     Appropriate texture     Shows food prep & safety knowledge     Family serving size presented	4 qualities strong; one area needing improvement	3 qualities strong; three areas needing improvement	2 qualities strong; three areas needing improvement	1 quality strong; four areas needing improvement	No food product presented	x 4	/20
Table Setting	Excellent in 5 areas:  1. Proper & neat setting 2. Setting arrangement appropriate for menu 3. Setting materials appropriate for menu 4. Setting wall coordinated 5. No non-project food/ beverages except garnishes	4 areas strong; one area needing improvement	3 areas strong; two areas needing improvement	2 areas strong; three areas needing improvement	1 area strong; four areas needing improvement	No table setting presented	x 2	/10
Personal Presentation	Excellent in 5 Characteristics:  1. Attitude; positive, respectful 2. Confidence; conveys satisfaction in appearance 3. Appearance; clean & well groomed 4. Communication; speaks clearly 5. Meets dress code requirements (see below)	characteristics strong;     one area needing     improvement	3 characteristics strong; two areas needing improvement	2 characteristics strong; three areas needing improvement	1 characteristic strong; four areas needing improvement	All characteristics need improvement	x 2	/10
Interview Questions	Answers all questions correctly; shows through knowledge of book material & can apply knowledge	All questions answered correctly; minor trouble applying info	Most but not all questions answered correctly and/or trouble applying info	Correctly answers questions and applies info half of the time	Answers questions/applies info correctly less than half the time	No questions are answered correctly; no ability to apply info		
Portfolio	Exceptional effort; neatly and clearly presented	Significant effort; needs small improvements	Average effort; effort or neatness lacking	Some effort; clearly needs improvement	Minimal effort; needs significant improvement	No portfolio presented; incomplete or late	х3	/15
					III DI OVEIREIR	submission	x 1	/5
						Subtotal		/90
Things you d	id well:					Judge's Overall Impression		/10
						Total Score		/100
Things you co	ould improve upon:				skirt. A dress-up s cleavage, back and covered cleavage, sandals. *Bake-in p	ss pants, capris, or kn hirt or blouse with cov i midriff. A knee-length back and shoulders. I participants must wear e made for participants with FCS judging.	ered shoulder or longer dre Dress shoes of closed-toed s	s, ss with r dress shoes.

#### **Bake-In Contest Information**

\*This contest involves completely preparing and baking an assigned recipe in front of judges.

Bake-In Contest Entry Deadline: July 1st, 2023

<u>Bake-In Contest Date</u> – Thursday, July 27, 2023 at 9am, in the Multipurpose Building. Start time for each age division will be provided to every contestant.

Bake-In Contest Awards: Thursday, July 27, 2023 following contest

#### **Bake-In Contest Guidelines:**

- A. Contestants must be enrolled in 4-H as of April 1 of the current year.
- B. Contestants do not need to participate in a Nutrition Project to be eligible to participate in the Bake-In Contest.
- C. Bake-In Contest will start at 9:00 a.m. on Thursday, July 28, 2022 with specific time slots for the divisions to be announced to registered contestants by email.
- D. Bake-In Contest Age Groups Three Classes
  - ⇒ Beginner Class 8 to 10 years old as of January 1st of the current calendar year
  - ⇒ Intermediate Class 11 to 13 years old as of January 1st of the current calendar year
  - ⇒ Senior Class 14 years old and over as of January 1st of the current calendar year
- E. Recipes for each age class will be provided by the OSU Extension Office. Recipes will be posted at <a href="https://www.butler.osu.edu">www.butler.osu.edu</a>
- F. Members will provide all of the required ingredients, equipment, display dish, and place setting.
- G. Use of electrical appliances is permitted. If using electrical appliances the member must provide his/her own extension cord.
- H. Ingredients are to be prepared in front of judge. DO NOT pre-measure, peel, sift, etc. ingredients except if specifically directed on recipe.
- I. Contestants will be provided the use of a table and an oven. All other supplies and equipment must be provided by the contestant.
- J. Contestants must follow FCS Dress Code including wearing closed toe shoes.
- K. Aprons should be worn to protect clothing.
- L. Hands should be washed as the first step in preparation. Hand sanitizer is recommended.
- M. Recipe is to be followed as given.
- N. Preparation time is 45 minutes. Preparation time is to be used to prepare the recipe, place it in the oven for baking, and cleaning of work station.

- O. Cooking time is in addition to preparation time
- P. The baked product will be displayed for the judge.
- Q. Review the Bake-In Contest Score Sheet for information on how the contest is judged.
- R. Garnishes appropriate for the prepared dish are allowed when displayed.
- S. Pans used may not exceed 12.5" X 16".

		Form Due: July 1st
<b>Butler County Junior Fair</b>		
Nutrition Bake-In Registrati	ion Form	Return Completed Registration Form to OSU
4-H Club Name:		Extension Office, 1802 Princeton Road, Hamilton.
Advisor Name:		
Beginner	Division Participan	ts: 4-H Ages 8-10
Participant Name	Home Phone / Cell	Email Address
la Assessa di A	D: 1 - D - 11 - 1	
intermediate		nts: 4-H Ages 11-13
Participant Name:	Home Phone / Cell	Email Address:
Senior Divis	sion Participants: 4	-H Ages 14 & Older
Participant Name:	Home Phone / Cell	
Participant Name.	Home Phone / Cen	Email Address.

**Nutrition Bake-In Contest Score Sheet** 

Nessee						
Name:						_
Club Name			91.72			
Division (circle one)		Intermediate	Senior	4-H Age		
General Appeara						
Contestant (neat a	nd clean)				/5	
Work Table (neat,	clean, orga	nized)			/5	
Ingredients (all pre	sent on the	table)			/5	
Equipment (all neo	essary pres	sent)			/5	
		General A	ppearance	Score		_/20
<u>Assembly</u>						
Organized set-up				_	/10	
Proper ingredient p	preparation	(according to re	ecipe)		/10	
Proper use of tools	s/equipment	t			_/10	
Overall neatness (	during asse	mbly)		-	_/10	
Clean-up					_/10	
Safety during prep	aration				_/10	
		Asse	embly Score	•		_/60
Finished Product	:					
Taste/Flavor of pro	oduct				/5	
Appearance of pro	duct				/5	
Display (neat, appr	ropriate)				/5	
Creativity of displa	у				_/5	
		Finis	hed Produc	ct Score		/20
Dress code follower	ed- If Yes a	dd 0, If No, ded	uct 5		Accessed to the second	-
		Tota	al Score			_/100

Judge's Comments:



# Butler County Ohio 4-H Bake-In Contest Recipe 2023 Beginner Level

#### **Ingredients**

- 8 Tablespoons salted butter, softened
- ½ cup white sugar
- 1/4 cup packed light brown sugar
- 1 teaspoon vanilla
- 1 egg
- 1 ½ cups all purpose flour
- ½ teaspoon baking soda
- ¼ teaspoon salt
- ¾ cup chocolate chips

#### Instructions:

- 1. Preheat the oven to 350 degrees.
- 2. Using a stand mixer or electric beaters, beat the butter with the sugars until creamy.
- 3. Add the vanilla and the egg; beat on low speed until just incorporated 10-15 seconds or so (if you beat the egg for too long, the cookies will be stiff).
- 4. Add the flour, baking soda, and salt. Mix until crumbles form. Use your hands to press the crumbles together into a dough. It should form one large ball that is easy to handle (right at the stage between "wet" dough and "dry" dough).
- 5. Add the chocolate chips and incorporate with your hands.
- 6. Roll the dough into 12 large balls and place on a cookie sheet.
- 7. Bake for 9-11 minutes until the cookies look puffy and dry and just barely golden. Warning, friends: DO NOT OVERBAKE. This advice is probably written on every cookie recipe everywhere, but this is essential for keeping the cookies soft. Take them out even if they look like they're not done yet (see picture in the post).
  - They'll be pale and puffy.
- 8. Let them cool on the pan for a good 30 minutes or so (I mean, okay, eat four or five but then let the rest of them cool). They will sink down and turn into these dense, buttery, soft cookies that are the best in all the land.



Butler County Ohio 4-H Bake-In Contest Recipe 2023 Intermediate Level

# **Appledoodle Cookies**

(adapted from www.the-girl-who-ate-everything.com)

#### Ingredients

3/4 cup butter, softened

34 cup brown sugar

1/4 cup sugar

1 teaspoon vanilla

1 egg

2 cups flour

1 (3.5 ounce box) instant vanilla pudding, not prepared

1 teaspoon baking soda

1 teaspoon ground cinnamon

1/4 teaspoon salt

Pinch nutmeg

1 cup apples, peeled and diced small

#### Cinnamon sugar

⅓ cup sugar

1 teaspoon ground cinnamon

#### Instructions:

- 1. In a large bowl, cream together butter and sugars. Mix in vanilla and egg until smooth.
- 2. In a medium bowl, which together flour, pudding mix, baking soda, cinnamon, salt, and nutmeg. Add dry mixture to wet ingredients and mix until combined well. Stir in apples.
- 3. For the Cinnamon Sugar: In a small bowl combine the sugar and cinnamon.
- 4. Preheat oven to 350 degrees and line baking sheets with parchment paper. Take a rounded tablespoon of dough and roll int a ball and then roll generously in the cinnamon sugar. Place on prepared baking sheet.
- 5. Bake for 10-12 minutes. Allow cookies to cool completely on the baking sheet they will continue to bake as they cool. Store in airtight container at room temperature.

# Lemon Crumb Muffins (adapted from Country Sampler Farmhouse Style Magazine)

#### **Batter Recipe**

1 cup all-purpose flour

1 t. baking powder

¼ t. baking soda

¼ t. salt

4 ounces cream cheese, light or regular, softened to room temperature

2 T. salted butter, softened to room temperature <sup>3</sup>/<sub>4</sub> cup granulated sugar

Zest of 2 large lemons, about 2 T.

1 large egg

½ t. vanilla extract

¼ cup buttermilk

¼ cup fresh lemon juice, from 1-2 large lemons

#### **For Crumb Topping**

¾ cup all-purpose flour

2T. granulated sugar

2 T. brown sugar

4 T. salted butter, melted

#### For Lemon Glaze

3 T. fresh lemon juice

½ cup powdered sugar, more or less for desired consistency

#### Instructions:

- 1. Preheat oven to 350°F. Line muffin pan with paper liners.
- 2. For the muffin batter, in a medium bowl, whisk together flour, baking powder, baking soda and salt. Set aside.
- 3. In another bowl with an electric handheld mixer or in the bowl of a stand mixer fitted with the paddle attachment, beat cream cheese, butter, granulated sugar and lemon zest together until light and fluffy, 1 to 2 minutes.
- 4. Add the egg, vanilla, buttermilk, and lemon juice. Mix until well combined, scraping down the sides of the bowl as needed.
- 5. Add the dry ingredients to the batter and mix by hand with a wooden spoon or spatula until just combined. Don't overmix. It's ok if the batter is slightly lumpy.
- 6. Divide the batter evenly among the muffin liners, filling about two-thirds full.
- 7. For the crumb topping, in the same bowl that held the dry ingredients for the batter, whisk together flour, granulated sugar and brown sugar. Add melted butter and stir/mash with a fork until the mixture looks evenly moistened and forms tiny clumps.
- 8. Top each muffin evenly with the crumb topping.
- 9. Bake for 15-18 minutes until a toothpick inserted in the center comes out clean. Let the muffins cool in the pan for 2 to 3 minutes and then gently move to a cooling rack to cool completely.
- 10. For the glaze, add lemon juice to a small bowl or a liquid measuring cup and gradually add powdered sugar, whisking constantly, until the desired consistency is reached. Drizzle over the muffins.



#### **Related Family & Consumer Science Information:**

#### **FCS Related Project Important Dates:**

<u>FCS Related Project Judging Date</u>: Monday, July 17, 2023; Multipurpose Building. Judging starts at 9am; specific times for project areas will be assigned

<u>FCS Related Project Award Date</u>: Sunday, July 23, 2023; Multipurpose Building. Awards for FCS Related projects starting at 1:30pm followed by Style Review

#### **FCS Related Project Guidelines**

A. Participants must follow the following dress code for judging:

SHOES: Dress Shoes, sandals, or boots

**BOTTOMS**: Dress pants, capris, knee length skirt (to fingertips) or shorts (ex: golf shorts fingertip length), dressy jean with **NO** holes

<u>DRESS</u>: Knee length or longer dress. Cleavage, back and shoulders must be covered. Spaghetti strap dresses must have something to cover the shoulders (sweater, jacket, etc)

**TOPS:** Blouse or Shirt with or without collar; no cleavage, no bare back, or midriff should be showing.

NO 4-H t-Shirts or club 4-H T-shirts should be worn to judging

Remember when you are getting ready for judging be thinking about your total look. Remember to dress to impress.

B. The Family and Consumer Sciences age class breakdown for the county Junior Fair project competition is as follows:

As of January 1 of the current year

- ⇒ Seniors 14 years and up
- ⇒ Juniors 13 years and under
- C. To become eligible to participate in the County Fair, members must follow these guidelines and complete the requirements in the project book.
- D. All projects have judging and display requirements. Items to be displayed are based on the project book and these guidelines.
- E. Guidelines and judging schedule are available at <a href="https://butler.osu.edu/program-areas/4-h-youth-development">https://butler.osu.edu/program-areas/4-h-youth-development</a>
- F. All 4-H FCS competitors must be present during their judging to be eligible to win awards. Clothing project competitors must also participate in the Style Review to be eligible to win awards. Exceptions will be made only if the competitor is absent due to a 4-H related event such as County Fair judging, 4-H camps, State Fair judging, etc.
- G. All display items are to be identified with a tag provided by the FCS department.
- H. If a poster is required for the project is must be 22" x 28" on standard poster board. NO trifold or foam board posters are allowed.
- I. All posters that don't meet regulations will have 5 points deducted during judging.
- J. Members may take more than one project per area for 4-H credit.

- K. If not noted otherwise in the Family Guide to 4-H, members may repeat a project as often as desired provided that new skills are learned each time.
- L. Project skill levels are listed in the Family Guide to 4-H.
- M. All projects must be made as a 4-H project only.
- N. During all events, only participants and program volunteers are allowed in the judging, dressing, and preparation areas.
- O. Awards will be provided for all projects where members meet project requirements and judge's standards.
- P. A schedule of specific project titles and judging times will be provided and can be found at <a href="https://butler.osu.edu/program-areas/4-h-youth-development">https://butler.osu.edu/program-areas/4-h-youth-development</a>.
- Q. Display items may be removed from the Youth Exhibit Building on Saturday, July 30, 2022 from 4:30 p.m. to 7:00 p.m. and Sunday, July 31, 2022 from 12:00pm to 1:00pm. Exceptions will be made only for items needed for State Fair competitions.
- R. Booths may be disassembled on Saturday, July 30, 2022 from 4:30pm to 7:00pm. Guidelines for Club Booth Contest are in the Special Interest Department Guidelines.
- S. Any items left in the Youth Exhibit Building after 1pm on Sunday, July 30, 2023 will be DISCARDED.

#### FCS Related Project: Judging Guidelines:

- A. Members must adhere to all FCS Related General, Judging, and Award Guidelines as listed in this document.
- B. FCS Related Projects will be judged on Monday, July 17, 2023.
- C. FCS Related projects include all Family and Consumer Sciences projects not classified as Nutrition or Clothing projects.
- D. All FCS Related project display items must be taken to the Youth Exhibit Building immediately following judging.
- E. All FCS Related Projects require a completed project book, poster and an exhibit item.
- F. Displays may be photos or a poster of the item if the item prepared for judging cannot be placed in a booth.

#### FCS Related Projects: County Award & State Fair Guidelines:

- A. Member must display project items for the entire duration of the Butler County Junior Fair in order to compete in that project's competition for Junior Fair Awards.
- B. Removal of project display items prior to the conclusion of the County Fair can only be done with permission of FCS Department personnel. Permission for project removal will be granted only in cases where the garment/item is needed for a State Fair judging.
- C. Participant projects are chosen to go to the State Fair if:
  - ⇒ Project is eligible for State Fair competition as listed in the Family Guide to 4-H
  - ⇒ Participant receiving highest score at County Fair is eligible for State fair.
  - ⇒ Participant eligible to compete at the State Fair as defined by the State Fair 4-H Non-Livestock Guidebook. Information found here: By Clicking Here
  - ⇒ Please review State Fair Packet and Non-Livestock Guidebook before attending the State Fair to be sure participant is eligible for judging at the state level. State Fair packets are available after awards are issued.
- D. In case of a tie, selection for State Fair is determined by the Judge.
- E. If one participant wins more than one State Fair eligible first place award, scheduling conflicts can occur which requires the member to choose which project to take to State Fair.

## **Related FCS Project List With County Project Requirements:**

#405 The Laundry Project - Bring completed project book, poster and item to exhibit. (Beginning)

**#432M Sewing & Textiles (non-clothing)** FCS Related 4-H member of any age can complete this project, but should have previous clothing construction experience. Construct a non-clothing item that exhibits specialized or professional level skills. Bring completed book, poster, and item to exhibit. (Advanced)

**#445 Becoming Money Wise** - Meant be taken 2 years. Bring completed project book, poster and item to exhibit. (Beginning)

**#448 Teens On the Road to Financial Success** - Meant be taken 2 years. Bring completed project book, poster and item to exhibit. (Advanced)

**#491 It's My Home** - Bring completed project book, poster and one item that was constructed according to the project book guidelines and visuals to show how the item fits into the home. (Beginning)

**#494 Makeover My Space** - Bring completed project book, poster, item to exhibit, and visuals of arranged and decorated room. (Intermediate)

**#495 Your First Home Away From Home** – Bring completed project book, poster, item to exhibit, and visuals of arrangements. (Advanced)

<u>4-H Shopping Bag Contest Information:</u>

# FCS Related Project Judging Score Sheet



#### Butler County 4-H FCS Related Project Judging Score Sheet



Member Name	:			4-H Age	:		Rel	ated
Project Name:			Club Name:					
Is this a multi-y	ear project: Yes	No (for Ju	idges: if yes, youth	may not be requi	ired to complet	e all portions of b	oook)	
	n this project more than	20. 200	No	If yes, how man				
Judge:						Total		00
						7000	11	50
Judging Catogory	5 points	4 points	3 points	2 points	1 points	0 points	Multiplier	Total
Book Completion	Book is fully completed; all sections show clear effort. Project follows ALL County and Project Book Guidelines	Book is complete but should show more effort OR project follows most but not all book guidelines	Book is NOT fully completed but is mostly complete; parts completed show time and effort	Book is up to half complete and show s effort OR Book is nearly complete but show s a lack of effort	Book is only partially complete AND shows lack of effort	Book is not attempted OR clearly done by someone other than the member	x 3	/15
Project	Excellent in these 5 areas:  1. Exceptional effort  2. Quality workmanship  3. Appropriate for project requirements  4. Shows knowledge of topic  5. Item is practicle/usable	4 areas strong; one area needing improvement	3 areas strong; two areas needing improvement	2 areas strong; three areas needing improvement	1 area strong; four areas needing improvement	No project presented.	×6	/30
Poster	Excellent in these 5 areas:  1. Clearly presented; neat  2. Easy to follow information  3. Sufficient detail  4. Shows quality work & effort  5. Proper size	4 areas strong; one area needing improvement	3 areas strong; two areas needing improvement	2 areas strong; three areas needing improvement	1 area strong; four areas needing improvement	No poster presented.	x 4	/20
Personal Presentation	Excellent in 5 Characteristics:  1. Attitude: positive, respectful 2. Confidence; conveys satisfaction in appearance 3. Appearance; clean & well groomed 4. Communication; speaks clearly 5. Meets dress code requirements (see below)	characteristics strong;     one area needing     improvement	3 characteristics strong; two areas needing improvement	2 characteristics strong; three areas needing improvement	1 characteristic strong; four areas needing improvement	All characteristics need improvement	x 2	/10
Interview Questions	Answers all questions correctly; shows through knowledge of book material & can apply knowledge	All questions answered correctly; minor trouble applying info	Most but not all questions answered correctly and/or trouble applying info	Correctly answers questions and applies info half of the time	Answers questions/applies info correctly less than half the time	No questions are answered correctly; no ability to apply info	x3	/15
						Subtotal		/90
Things you di	d well:					Judge's Overall Impression		/10
						Final Score		/100
Things you co	ould improve upon:				dress-up shirt or bl and midriff. A knee back and shoulders participants must w	ss pents, capris, or kr ouse with covered sh- length or longer dres i. Dress shoes or dre ear closed-toed shoe ts involved in livestoci	oulders, cleava s with covered ss sandals. *Ba s. **Exceptions	ge, back cleavage, ake-In will be

#### SHOPPING BAG CONTEST

#### **Shopping Bag Contest Important Dates:**

Shopping Bag Contest Registration Deadline: July 1, 2023

Shopping Bag Contest Date: Monday, July 24, 2023; Multipurpose Building. The contest will begin

at 9am

Shopping Bag Contest Awards: Monday, July 24, 2023 following contest

#### **Shopping Bag Contest Guidelines:**

Contestants must be enrolled in 4-H as of April 1 of the current year.

Shopping Bag Contest Age Groups – Three Classes

- ⇒ Beginner Class 8 to 10 years old as of January 1st of the current calendar year
- ⇒ Intermediate Class 11 to 13 years old as of January 1st of the current calendar year
- ⇒ Senior Class 14 years old and over as of January 1st of the current calendar year

A maximum of ten minutes will be allowed for finishing each contest station.

Reading assistance will be provided upon request.

Participants are not allowed to talk to each other after the contest begins.

Score cards will be evaluated by 4-H advisors and Junior Fair Board members.

A theme for the contest is selected by the FCS department.

Once the contest begins, no late contestants will be permitted to participate.

Participants must register by July 1.

Registered contestants will be notified by email with information about contest start times for their age category.

# **Butler County Junior Fair**

# **Shopping Bag Contest Registration Form**



Form Due: July 1st

Return Completed Registration Form to OSU Extension Office, 1802 Princeton Road, Hamilton.

4-H Club Name:			1802 Princeton Road, Hamilton.
Advisor Name:			
Beg	inner Division Particip	ants: 4-H	Ages 8-10
Participant Name	Home Phone / Cell	Email Add	ress
Interm	nediate Division Partic	ipants: 4-l	H Ages 11-13
Participant Name:	Home Phone / Cell	Email Add	ress:
Senio	r Division Participants	s: 4-H Age	s 14 & Older
Participant Name:	Home Phone / Cell	Email Add	ress:

# 4-H Demonstrations or Illustrated Talks Wednesday, July 26, 2022 – 9 am – Multi-purpose Building

Illustrated Talk or Demonstration (without use of computer technology)
Junior Individual – (Age 8-11 and in the third grade)
Intermediate Individual (Age 12-13)
Junior Team (Age 8-11)
Intermediate Team (Age 12-13)

The presenter uses appropriate props and other visual aides to teach others about a subject or how to do something. May use charts, posters, or pictures to deliver their illustrated talk or to stress points with their demonstration. No PowerPoint or computer generated messages. Presenters are evaluated on their ability to present a speech. A demonstration should last between 6-9 minutes.

Illustrated Talks or Demonstrations (with the addition of computer technology) Intermediate Individual (Age 12-13) Senior Individual (Age 14 and up)

The presenter uses appropriate props

and computer generated visual aides to teach others about a subject or how to do something. Examples: A Demonstration may be delivered in this category. Prezi or PowerPoint type slides may be added in addition to other props to help present their message. An **Illustrated Talk** may be delivered in this category, with the member using PowerPoint or Prezi type technology to present their entire visual message; accompanied by their live narration. Requires live speech delivered along with PowerPoint, Prezi or poster message, (**NO** pre-recorded narration). Member is evaluated on their communication skills and their ability to effectively use technology, poster or other props within their Illustrated Talk or Demonstration. Illustrated Talks/Demonstrations should be 9-12 minutes in length with 4 points deducted for time over or under.

#### 4-H Multi-Media Presentations (J-7)

Senior Individual (Age 14 and up)

The Multi-Media presentations should share a message related to 4-H experiences or 4-H project work. This is a fully-automated, stand-alone presentation using video, pictures, slides, PowerPoint or other home/office computer generated programs along with sound/narration to convey a message. The program is free standing and only requires an introduction by the participant. It should include recorded visual, sound, and narration to convey a message. Evaluation is based upon the creative and professional use of technology, as well as the ability to communicate a message, with a clear opening, body, and conclusion. Presenters will introduce themselves and the title of their topic. At the conclusion of their recording, they may address questions from the audience, followed by an interview with the judge. Presenters are required to furnish their own equipment for this presentation. Audio

Visual Presentations should be 6-7 minutes in length. Four points will be deducted for over and under times. Timing of the presentation is from the time the pre-recorded presentation begins and ends. The introduction and questions and answers are not included in the timing.

#### **General Guidelines:**

A team demonstration consists of two people sharing the speaking and teaching roles. When members of a team fall into different age categories, they will participate in the older class.

Due to the limitations of the building, no large animals (i.e., Horse, Beef, Sheep, Goat, Dairy, or Hogs over 20 pounds) may be used in a 4-H Demonstration. Members should use models, photographs, or illustrations to make their point when giving a talk about large animals.

Any small animals (under 20 pounds) can be used in a 4-H Demonstration (provided that the animals do not place the public at risk and that they meet all of the health requirements established by the Ohio Department of Agriculture Livestock Health Requirements found in the Ohio State Fair Livestock Exhibitor Handbook.) Current health and shot records must be carried with the animal. Animals must remain caged or leashed before and after the presentation.

Members who use PowerPoint with an Illustrated Talk or Demonstration should use the technology to supplement their delivery. The Illustrated Talk may not be pre-recorded narration. The member is required to provide a live delivery of the topic.