

SUGGESTIONS FOR COMPLETING THE OHIO 4-H ACHIEVEMENT RECORD FORM (REPORT FORM)

- 1. Items should be listed once in the appropriate section.
2. If you do not have something to put in a particular section, put "None" on the report form.
3. Where appropriate, include hours, dollars, numbers, or numbers of donation, chart form is acceptable.

20 Points

- A. 4-H Project Work - Explain knowledge gained in 4-H project/s, things you've made, learned & cost.
- Completed at least one 4-H project; list what you made, what it cost, savings by making this project vs. buying it, what you learned.
- Completed a 4-H or group project that has a project book number, along with other members of the club.
- Cite examples of knowledge gained by participating in a workshop or clinic
- Participated in tour or field trip related to project

20 Points

- B. 4-H Participation
- Participated in County Health & Safety Skit / Speaking (give title)
- Participated in County Demonstration Contest (give title)
- Attended an out-of-county (or state) event
- Participated in camp: Camp Graham, Horse Camp, Sewing Camp, Shooting Sports Camp, Cloverbud Camp (state a memorable camp experience)
- Pilot projects
- Club tour or activity, not related to project
- National 4-H events
- Participated in fundraising projects such as 4-H flower sale or club sale
- Participated in Department Queen or Jr. Fair King & Queen Contest
- Took project to State Fair
- Club "practice judging" activity.
- Demonstration on project at club meeting
- Participated in County or State Skillathon Competitions
- Had project judged at county judging or County Fair
- Participated in County/District/State Hippology Contest, Horse Judging, Horse Bowl, Bake- In, or Shopping Bag

10 Points

- C. Major 4-H Honors
- Project Awards: ribbons and trophies (list highest honors first for each project)
- Won 4-H scholarship: 4-H Committee, Township Association, Horse Advisors, or State 4-H Awards/Scholarship
- State Fair (awards won)
- County Award Medals
- Clover Award
- Trips (county, state, national)
- \$25.00 Department Award
- Honors Night Award
- Premier Exhibitor Award
- Skillathon Award
- Communication Award
- Outstanding FCS Member
- Club Awards
- Simpson Award
- AB Graham Award
- Born & Raised Awards
- Herdsman Award
- Showmanship Award
- 1st Year FCS Award / FCS Excellence Award
- Kiwanis Award
- I Dare You Award
- Clothing Construction Award
- Best Outstanding Special Interest

10 Points

- D. Community Service - Include year, name of activity, what you accomplished or learned, hours volunteered or items collected or donated.
- Club Community Service efforts (ex.: visited nursing home, planted flowers in the community, Wayne Twp. Clean up day.)
- Donated items for programs or events
- Helping out at the Extension Office
- Individual community service (ex.: donating eye glasses to Lion's Club, Feeding the Hungry, story book to a day care center.)
- Make A Difference Day event

- Family Safety Round-Up

E. **Leadership / Promotional**

15 Points

- Serve as Camp Counselor at Camp Graham, assist with Horse Clinics, Sewing Camp, Cloverbud Camp
- Attended State Teen Conference, Ohio 4-H Volunteer Conference or National 4-H Conference
- Taught session or assisted at State Teen Conference, Ohio 4-H Volunteer Conference or National 4-H Conference
- Mentored 4-H'er with his/her project
- Recruited new members
- Newspaper articles or radio promotions
- Teach at summer day camp or residential camp
- Teach at 4-H CARTEENS
- Volunteering with a county 4-H activity (ex.: a 4-H clinic, Open House school awareness, etc.)
- Participated in poster contest, t-shirt contest, thank you note contest
- Provide leadership for a program for a club
- Helped put up a club booth and building watch at the fair; participate in Fair parade, decorated horse stalls/barns

10 Points

F. **Leadership: Office / Committee**

- Serve as a club officer
- Club committee involvement
- County committee participation (ex.: 4-H Committee, Horse Committee, FCS Committee, FFB)
- Junior Fair Board officer / committee member
- Apply for and/or selected to serve on Junior Fair Board
- Apply for and/or selected to serve as Junior Fair Superintendent
- State 4-H Ambassador
- Serve on Food and Fashion Board

G. **Non 4-H Experience**

5 Points

- School
- Church
- Music - Dance - Theater
- Sports
- Community
- Open Class Project
- Other youth organizations

H. **4-H Story** - Share how 4-H contributed to your personal development, leadership skills and/or career plans.

5 Points

Suggestions for Story Strength:

- Find a memorable experience that appears in your report form and focus your story on this experience. (Please do not include your name, club or advisor within your story)
- Create an outline for a story flow
- Conclude with a "future plan"
- Tell what you've learned in 4-H
- Tell how 4-H has benefited or impacted your life
- Degree of participation

I. **Picture Page** - Limited to one 8 1/2 x 11 inch page, one side only

5 Points

- Include a variety of pictures that show growth including older and more recent photos (4-H pictures only)
- Include captions to describe what you are doing
- Use pictures that relate to items in your Achievement Record (i.e. project pictures, leadership, community service, participation picture)