

## Successful Co-Parenting

Ohio State University Extension Family and Consumer Sciences recognizes that when parents separate, the children often pay the highest price. Of the approximately 40,000 marriages that break up in Ohio each year, more than 45% involve minor children.

In the Successful Co-Parenting class, participants will learn...

- That maintaining a healthy parent-child relationship through the divorce/separation process is important to their child's development.
- About their own grief and loss during the divorce/separation process and the importance of maintaining their own emotional health.
- The importance of avoiding conflict with their co-parent.
- Strategies for avoiding conflict with their co-parent.
- The importance of healthy communication with their child and their co-parent.
- Healthy communication skills.
- The importance of creating a stable environment for their child.

The process of divorce/separation can sometimes take months to finalize. During this time, parents are often at odds and children are left living in a state of inconsistency. It is during this time that many children begin attention seeking behaviors that may have negative consequences including; a drop in academic performance, isolation from friends and family, involvement with law enforcement or experimentation with drugs and alcohol.

**Successful Co-Parenting is focused on early intervention.** Parents are invited to attend a Successful Co-Parenting class to learn skills that will proactively support their child throughout the divorce/separation process. Unmarried parents experiencing separation or involved in custody proceedings are also invited to participate in this class.

The curriculum is approved by Ohio State University and is researched and evidence based to ensure quality. Each participant will receive a workbook and a certificate upon completion of the 2.5 hour class.

To find out more about Successful Co-Parenting and the Butler County Ohio State University Extension visit [www.butler.osu.edu](http://www.butler.osu.edu) or contact Heather Reister at (513) 785-6653 or [reister.6@osu.edu](mailto:reister.6@osu.edu).

\*See reverse for registration

# Successful Co-Parenting Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Name of Child \_\_\_\_\_ Age of Child \_\_\_\_\_

Name of Child \_\_\_\_\_ Age of Child \_\_\_\_\_

Name of Child \_\_\_\_\_ Age of Child \_\_\_\_\_

Please check the class for which you would like to register.

_____	Wednesday, April 26, 2017	6:00PM-8:30PM
_____	Thursday, April 27, 2017	9:00AM-11:30AM
_____	Wednesday, May 17, 2017	6:00PM-8:30PM
_____	Thursday, May 18, 2017	9:00AM-11:30AM

Confirmation of registration will be sent via email.

Spouses/partners are not permitted to attend the same class.

Classes are filled on a first come first served basis.

\$25 nonrefundable registration fee must accompany registration form.

Return registration form and check made payable to:

OSU Extension, Butler County

1802 Princeton Road Hamilton, Ohio 45011

Phone 513 887-3722

Fax 513 887-3726

Visit us online at: [butler.osu.edu](http://butler.osu.edu)



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UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES