

Name _____

Home Address _____ City/State Zip _____

Phone _____ Email _____

Ohio Professional Registry OPIN Number _____ - _____ Do you have a CDA? Yes ___ No ___

Date(s) & Time	Professional Development Virtual Training Classes	Cost	√ to Register
March 23 9:00-10:30 am	<p>Finding Your Happy Place In and Out of the Classroom: Healthier for You and the Families and Children You Serve ST#10104870</p> <p>Do you ever feel like you are stressed out just holding on to get through the day? We might have some great ideas to help you hold on. Learn how to identify the physical and emotional reactions that children, families, and teachers display when they are on stress overload. Stress not handled well can have negative effects but stressed identified and minimized can energize your day.</p>	FREE	1.5 hours
April 26 9:00-11:30 am	<p>PAX Tools ST#10104884</p> <p>PAX Tools is a collection of evidence-based, trauma-informed strategies to improve cooperation and self-regulation with youth. PAX Tools draws on decades of science to create strategies that support parents, youth workers, and other caring adults to create a nurturing environment that ultimately helps kids thrive!</p>	FREE	2.5 hours
May 3 9:00-11:30 am	<p>Ohio Healthy Programs Session 3 Healthy Policies ST#10104888</p> <p>Participants will discuss the importance of healthy habits of physical play, eating and feeding, healthy growing and family engagement and how these habits are implemented in a quality program. To ensure a healthy quality program, effective program policies play an important role. This session provides participants with ideas on how to successfully adopt and implement a new healthy policy. This session has been approved as an elective for the Administrator Credential Level II, Option I.</p> <p>NOTE: If your program is pursuing Ohio Healthy Programs designation, the program administrator must complete the Ohio Early Care and Education Nutrition and Physical Activity Assessment prior to attending their first training and/or technical assistance visit. Learn more at www.odh.ohio.gov/earlychildhood</p>	FREE	2.5 hours

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May 17 9:00-11:30 am	Ohio Healthy Programs Session 2 Healthy Menus ST#10104887 Participants will discuss planning a healthy balanced menu that includes current guidelines, that is enticing for children and working with a budget that supports healthy food options. Connections to the health and well-being child development standards will be discussed. NOTE: If your program is pursuing Ohio Healthy Programs designation, the program administrator must complete the Ohio Early Care and Education Nutrition and Physical Activity Assessment prior to attending their first training and/or technical assistance visit. Learn more at www.odh.ohio.gov/earlychildhood	FREE	2.5 hours
May 28, June 4 9:00-11:00 am	Intro to Early Care and Education ST#10104890 Participants will explore the history of early care and education within in Ohio and at the national level to better understand the need to increase their professional credentialing to remain employable in their current profession.(must attend both classes to receive credit)	FREE	4 hours
June 21, 22, 28, 29 9:00-11:30 am	Developmentally Appropriate Practice ST#10104868 Participants will learn to apply NAEYC DAP's Core Considerations, Principles and Guidelines and Effective Teaching Strategies into their daily practice. (must attend all 4 classes to receive credit)	FREE	10 hours

2 Ways to Register!

1. Return form to Butler County Extension 1802 Princeton Rd Hamilton, OH 45011. We are currently offering these classes for free however, after this session we will return to our normal fee schedule.
2. Register through <https://occr.org/> Enter the ST# for the classes you want to attend.

You will receive an email confirming your registration. Classes will be filled on a first come first served basis and space is limited.

Contact Heather Reister (513) 785-6653 or reister.6@osu.edu with questions.